



THE COACHING PROGRAMME AT NEW MALDEN TENNIS CLUB

IS PROVIDED BY **CHRIS DENT & MDL COACHING**

Players attending our coaching programme should all be members of
New Malden Tennis, Squash and Badminton Club

SESSIONS BELOW ARE FOR 12 WEEKS – Please see reply form for Dates and Discounts

DAY	TIME	COURSE	COST	CODE
TUESDAY	4.30-5.30	MINI TENNIS GREEN (8-10)	£59	NM1
	5.30-7	SQUAD (Under 16)	£78	NM2
	7-8	ADULT COACHING	£59	NM3
WEDNESDAY	4-5	MINI TENNIS RED/ORANGE (4-7)	£59	NM4
	5-6	MINI TENNIS GREEN (8-10)	£59	NM5
	6-7	JUNIOR COACHING (10-14)	£59	NM6
	7-8	ADULT COACHING	£59	NM7
THURSDAY	5-6	JUNIOR COACHING (9-13)	£59	NM8
	6-7	SQUAD (Under 18)	£59	NM9
	7-8	ADULT COACHING	£59	NM10
SATURDAY With 2 coaches present	9.30-10.30	MINI TENNIS (5-8)	£59	NM11
	10.30-11.30	JUNIOR COACHING (9-12)	£59	NM12
	11.30-12.30	JUNIOR DEVELOPMENT	£59	NM13
	12.30-1.30	JUNIOR SQUAD	£59	NM14
<p>Please note: We will endeavor to run all coaching sessions and want all players to have attended 12 sessions. If lessons have to be cancelled due to the weather we will do our best to make them up in the form of double sessions or we will allow participants' to attend other sessions at their convenience. Ask your coach when you can make up any sessions missed. Players are encouraged to wear clothing suitable for the various weather conditions. In the winter months players are encouraged to wear gloves and hats. Lessons include use of floodlights when needed ... Therefore, no hidden costs Mini Tennis sessions where necessary may take place in the squash courts or badminton hall so these lessons will not be cancelled whatever the weather.</p>				
MONDAY to SATURDAY	=	INDIVIDUAL COACHING or GROUPS 2,3,4 PLAYERS	From £120 (5 hours) or £25 per hour Matthew Burt – 07545 784730 Paul Boffa – 07738 096794 John South – 07747 060303	

For Individual coaching please contact coach directly to arrange a time. Individual lessons may be 30 mins, 45 mins or 1 hour to suit the individual. Please pay in advance to guarantee place as these lessons get booked quickly.

BRIEF DESCRIPTION OF SESSIONS ON OFFER AT OUR CLUB

JUNIOR SATURDAY COACHING SESSION – This is a supervised club session for juniors and will be taken by one of our qualified tennis coaches and their assistants. Players can book for the term or may turn up for a trial session on a pay and play basis and will then be expected to sign up for the term. If sessions are missed players can make up sessions during the week or stay for a double session with the agreement of the coaches. Each week will be varied and all aspects of tennis will be covered throughout the year. Matches and Fun tennis Team games will be organised. Please see notice board for more details.

MINI TENNIS (Red/Orange/Green) (4yrs – 10yrs) – Split into 3 levels. Starting at Red level which is played on a badminton sized court. Once players have the basic skills they will move to Orange level which is played on a shortened tennis court with a transitional tennis ball. Strokes and coordination will be developed at this level. Once a player is ready they will move on to the next level either Green or JCP depending on age.

JUNIOR COACHING GROUPS (9yrs – 18yrs) – For children who are able/want to play on a full sized court. Technique, tactics, coordination and mental skills will be developed through a fun coaching programme.

SQUAD (U16) – These sessions are by invitation only and are aimed at juniors competing in tournaments and teams. To be considered please contact us on 020 8668 5250.



NEW MALDEN TENNIS CLUB COACHING 2010/2011 REPLY FORM

Places will be limited so please return this form as soon as possible to avoid disappointment
PLEASE COMPLETE WHOLE FORM AND SEND TO ADDRESS BELOW OR HAND TO YOUR COACH

Family Surname:	Telephone No:
Address:	Emergency No:
	E-mail:
Post code:	Medical conditions:

PLEASE TICK TERM YOU WISH TO APPLY FOR

		Tick
SUMMER TERM 2010	Starts Monday 19 th April 2010 – Half Term (Mon 31 st May to Fri 5 th June)	<input type="checkbox"/>
AUTUMN TERM 2010	Starts Monday 6 th September – Half Term (Mon 25 th Oct to Fri 29 th Oct)	<input type="checkbox"/>
SPRING TERM 2011	Starts Monday 6 th December – Half Term (Mon 21 st Feb to Fri 25 th Feb)	<input type="checkbox"/>

PLEASE SELECT THE PAYMENT THAT SUITS YOU THE MOST AND CIRCLE BELOW UNDER PAYMENT

PAYMENTS / DISCOUNTS			COACHING FEES		MEMBERSHIP <small>Payable to New Malden Tennis, squash & badminton club</small>
			<small>Payable to MDL COACHING</small>		
			Normal	Discount	
1	PAY FOR 1 TERM (Playing once a week)	1 hour sessions 1.5 hour sessions	£59 £78	- -	MEMBERSHIP (Yearly fee) 2010 - 2011 U11 U16 £30 £60 Please see attached membership form
2	PAY FOR 2 TERMS (Playing once a week)	1 hour sessions 1.5 hour sessions	£118 £156	£108 £144	
3	PAY FOR 3 TERMS (Playing once a week)	1 hour sessions 1.5 hour sessions	£177 £234	£152 £204	
4	SIBLING DISCOUNT <small>APPLICABLE IF BOOKING FOR 1 TERM ONLY</small>		Please deduct £4 for 2 nd / 3 rd / 4 th child		

DAYS & TIMES YOU WISH TO BOOK YOUR SESSION / SESSIONS

(Academy players please show both days that you attend coaching)

APPLICANTS	DOB <small>Under 18 only</small>	CODE	DAY <small>Please circle</small>	TIME	PAYMENT <small>Please circle</small>	TOTAL
1	/	/	M T W T F S	/	1 2 3 4	£.....
2	/	/	M T W T F S	/	1 2 3 4	£.....

TOTAL £.....

I enclose a cheque / cash for £..... made payable to **CHRIS DENT**.

New participants' will be contacted before the start of the course.
Refunds will only be given if a course is cancelled.

Office use only:
Date received:

Return address below:
MDL COACHING, Purley Bury Tennis Club,
53B Purley Bury Avenue, Purley, Surrey, CR8 1JF.
TEL: 020 8668 5250 (Office)

We accept cheques or cash
In some cases we allow participants to pay weekly if the full amount is a problem to pay in one go!

If you are not sure which group is most suitable please contact us on **020 8668 5250** or email mdlcoaching@aol.com.
Players attending coaching must be members of the club. If you need a membership form please ask your coach or see club notice board.